

### PART III

#### 6<sup>th</sup> Sequence

61) Repeat 22) (Same as beginning of part two) Repeat 5), 6), 7).

62) Repeat 8) Single Whip

#### 7<sup>th</sup> Sequence

(63 – 66) – Weight over in R (N). R arm moves under to hold circle, turn on L heel to NE, weight on L, L arm over, hold circle, step with R leg on parallel line (E), R arm lifts to shoulder height, palm facing in, like ward off, L arm to hip, palm down. Turn on ball of R foot to SE, L arm under, hold circle, body also into diag. Step with L leg onto parallel line (E), L arm to shoulder, R arm by hip, turn on ball of L foot to NE, hold circle, R arm under. Take 7 of these steps in all. Parting of the Wild Horse's Mane

67) Repeat 5), 6), 7).

68) Repeat 8). Single Whip

#### 8<sup>th</sup> Sequence

(69 – 72) – Weight over on R (N), L arm under to hold circle. Turn on L heel to N, weight in L, R arm over, hold circle. Step with R (cross step), toes facing N, step with L into L front diag. lunge, (NW), lift L arm above head into corner with palm out and R arm pushes into corner, palm out. Weight shifts back to R leg, R arm under; turn on L heel to SE, weight on L, L arm over, hold circle. Step into back diag. lunge, SW, with R leg, R arm into corner, then L arm into corner. Back in L leg, SE, L arm under, shift forward in R leg to SW, hold circle; L leg steps into back diag. SE, raise L arm to corner then R arm to corner. Weight on R leg, SW, R arm under. Turn on L heel to NW, weight on L, hold circle. Step with R into R front diag. lunge, NE, R arm to corner, L arm to corner. Back in L leg while fisting R hand, both arms over to L side. Four Corners of the Earth or Fair Lady Works at Shuttles

73) Twisted step with R toes to E, both arms over to R side, step forward with L (N), prepare with L arm, punch with R and yield with L arm. Turn on R heel to NE, weight in R, L arm makes ½ circle over and under R fist, spoke of the wheel, weight forward in L (N), arms draw apart, L arm to shoulder height, R arm by hip; then R arm under hold circle.

74) R leg steps E, R arm shoulder height, ward off, L arm by elbow. Then repeat 5), 6), 7).

75) Repeat 8). Single Whip

### **9th Sequence**

(76 – Repeat No Beginning No End  
77)

### **10th Sequence**

78) Turn on R heel to NE, weight on R leg, L arm in large circle above head turn palm out, L arm over to R side, bend both knees, weight in R leg, L arm goes down by R leg: slide weight over in L leg and L arm sweeps down across floor to L, raise up on L leg. Snake Creeps Down

(79 – L arm up to eye level (snake's head), palm facing N (bent elbow) R arm moves from  
80) Birds Beak down to hip, lift R leg and arm (bend R knee, straight out from hip, and bend R elbow) and L arm down to hip with palms down. Step back on R leg, lift L arm and leg and R arm to hip. Golden Cock Stands on One Leg

81) Turn L palm up, R arm lifts up sideways step back with L leg, R arm pushes forward, L arm draws back. Repeat 26), 27), 28), 29). Step back Repulse Monkeys 5X

(82- Repeat 30) - 39) Golden Needle  
91)

### **11th Sequence**

92) Repeat No Beginning No End

93) Repeat Single Whip

### **12th Sequence**

94) Turn L palm up, turn in on R heel to W, weight on R. Draw in L arm and leg, R arm stretches forward High Pat on the Horse

95) L leg steps on parallel line W, L arm crosses over R; turn on R heel to NE weight on R turn on L heel to NE weight on L (NE) Cross Hands

96) Lift R leg and R leg kicks to E, R arm follows leg, L arm to side

97) R leg down in twisted step, toes facing S; both arms over to R hip, fist R hand. Step forward with L (E) prepare with L arm, punch with R fist ½ way down.

98) - Repeat 38) – 39) Spoke of the Wheel & Single push sequence to Single Whip  
99)

### 13th Sequence

- 100) Turn on R heel to NE, weight on R leg, L arm in large circle above head turn palm out, L arm over to R side; bend both knees, weight in R leg, L arm goes down by R leg, slide weight over in L leg and L arm sweeps down across the floor to L side  
Snake Creeps Down
- 101) Raise up slowly on L leg (W), L arm moves in front, fist down. Fist R hand and move it in front, crossing under the L wrist. Lift R leg just off the floor (facing W).  
Riding Crane to Seven Stars
- 102) Step back on R, lift R arm above head palm out, L hand by hip, palm down.  
Retreat to Ride Tiger
- 103) Turn full circle round on ball of R foot, both arms sway to R side. L leg steps sideways, move both arms to L, palms facing S. Arms go in high circle from L over to R side; lift R leg, bend knee, slap R foot with L hand then R hand. Both arms in circle down over to L side. Ride Tiger and Pick up Lotus Flower with Right Leg
- 104) R leg steps into NW diag. Both arms lift in front of body and lift up by L side of head, fisting both hands out. L arm Shoots out Arrow to W with fisted hand. At end, unclench L hand and turn palm up. Both arms over to L side, R hand fisted.
- 105) Twisted step with R toes facing N. Both arms over to R.
- 106) Step with L to W, prepare with L arm, punch with R fist, turn R heel to NW
- 107) Weight on R, brush under elbow and draw arms in, body facing NW, double push forward, weight over on L leg (W).
- 108) Weight on R (NW), turn on L heel to N, arms in front and float above head; weight on L. Arms circle down in front, put R leg parallel, weight on both legs; lift both arms in front of chest; cross R arm in front, Carry Tiger, knees still bent; arms down to side of body, straighten legs. Conclusion of Grand Terminus (circling hands for bow from L to R)